# Methodology- filled form

## 1 Preparation of a Now course

		Answer	
a.	Course title:	Psycology	
b.	Target group:	□ Seniors under 65	
		xSeniors aged 65 and 65+	
c.	Time allocation: state the number of	□ Less than 36 hours	
	hours per semester:	x36 hours and more than 36 hours	
		$\Box$ Other frequency - state the number of hours per semester	
d.	Lesson frequency during the semester:	□ Frequency 2 hours per week	
$\Box$ Frequency 3 hours per week		$\Box$ Frequency 3 hours per week	
		xOther frequency – please state: 1.5 hour per week	

e.	Input requirements for a course participant (knowledge, skills, e.g. work with a PC and the Internet, or others).	xWork with a PC xWork on the Internet xOther knowledge, state: Phycology scales I No requirements
f.	Content of the course – e.g. title of individual lessons:	<ul> <li>State the titles of individual lessons:</li> <li>Introduction, requirements to assist phycology classes</li> <li>What is phycology</li> <li>Active Ageing on Phycology</li> <li>Depression- what is?</li> <li>Causes of depression</li> <li>Strategies to face depression as a really desease</li> <li>The word "NO" and its influence on our brain function</li> <li>Psycanalises- concepts and brainstorming</li> <li>Psichiatric Vs Phycology</li> <li>The importance of Psycology on Universities of Third age</li> </ul>
g.	Study materials for the course State particular literature and other sources	xRecommended literature Book: "A depressão" from António Coimbra de Matos Powerpoint presentations
i.	Is the course in an eLearning form? How to access it? Address, login information:	No, classes are all presential
j.	What is the share of direct and eLearning part (e.g. 36 hours of direct education and 36 hours in a virtual classroom):	□ Share of eLearning part – state the number of hours:0 xShare of direct education – state the number of hours:36 hours a week
k.	Do the seniors participate in course creation? How?	xSeniors do not participate in course creation. □ Seniors participate in course creation as follows
1.	Is it Necessary to train the seniors? If yes, state its focus?	□ No xYes, how? Seniors need to have some information how to search reliable information on google or others search engine.

m.	- • • • • • • • • • • • • • • • • • • •	$\Box$ Yes, students do.
	creation? State how?	xStudents do not.
		□ Students provide technical support.

		C Students and lastrong	
		$\Box$ Students are lecturers.	
		□ Other possibilities of students'/youth engagement	
n.	Is it Necessary to train the	$\Box$ No	
	students/youth? If yes, state its focus?	xYes, how? To work with seniors (how to motivate them)	
0.	How does the course meet the	Is it barrier-free in the sense of architectural, information, economic, health, social	
	requirements on social inclusion?	barriers?	
	Underline those valid.	Presence lessons are in the classrooms. Some of them have some barriers like architectural	
		issues.	
p.	How does the course end? (for example	The course ends in:	
	in a theoretical exam, practical exam,	□ Practical examination	
	test, presentation, semester work, or	□ Test	
	colloquium?)	xPresentation	
		□ Semester work	
q.	Do the seniors obtain a certificate after	□ Yes, they will obtain a certificate after a successful course completion.	
	a successful course completion?	xThey will obtain – state: They just receive a certificate on the end of the year, including	
		all courses that they did and the respective hours in each one.	
		□ No	

## 2 Staff, organisational/administrative, and technical provisions of the course

		Answer
a.	Who participates on the preparation of	□ Guarantor
	the course?	X Personnel
		□Administrator of eLearning courses
		X Other, state: Voluntear teachers on the universities of third age
b.	What are requirements on the lecturer?	
	State.	Experts
1.	Pedagogical requirements, requirements on lecturer's qualification and experience.	Degree in Phycology
2.	Does the lecturer need a special	

	training? If yes, which?	Yes, they need to have some information about of universities of third age model
3.	Is the lecturer a creator of the eLearning course as well?	□ Yes xNo
4.	If yes, state the requirements on course creators.	Not applicable
5.	Can a senior be a lecturer?	xYes □ No
6.	Can a student be a lecturer?	xYes No
c.	Technical provisions of the course:	
1.	How are study materials distributed (for example, in a paper form for a lesson, by email electronically, in eCourse, etc.)	The materials are given by teachers in paper form or links in the internet for consult
2.		Whiteboard, computers, internet and data projector
3.	What are the requirements for a classroom?	<ul> <li>Each student needs access to a personal computer</li> <li>xOther, state: Classroom have computers for seniors who do not have a personal computer.</li> <li>Who wants to use the personal computer are aloud to do it.</li> </ul>
4.	How is the eLearning platform arranged for the course?	Not applicable
5.	Does the course need a position of an eLearning administrator?	Not applicable
6.	What activities will s/he do regularly?	Search for materials on the internet Read book and cientific documents Do exercises (individual and in group)
7.	How is seniors' logging in the course arranged?	Not applicable

### Financial matters of the course

		Answer	
a.	How is the course funded?	Course is funded by fees and some contributions of several institutions.	

b.	What is the school fee?	12 € per month
c.	What is the cost of the course (i.e. total expenses for preparation and implementation of the course)?	1100€
d.	preparation and implementation of the course? (For example, lecturer,	200€ tonners 600€ for personnel 100€ for domestic accounts (electricity and water) 200€ internet fee+ materials in paper

## 4 Acquisition, informing of the target group (seniors)

		Answer	
a.	How is the course offered? By what means? Underline those valid.	<ul> <li>Media, letter to a senior organisation, mail to registered seniors, web pages of the organisation.</li> <li>X Direct phone calls to Senior social centres</li> </ul>	
		$\Box$ Other – state:	
b.	Do you organise specialised events?	X Seminars, open-door days.	
	Underline those valid.	$\Box$ Other – state:	
c.	The course is offered to registered seniors	X Yes	
		$\Box$ No	
d.	The course is offered to a wide public	xYes	
		□ No	
e.	Do seniors participate in the acquisition?	$\Box$ Yes	
		xNo	
f.	Do students/youth participate in the	$\Box$ Yes	
	acquisition?	xNo	
g.	Are there any risks?	$\Box$ Yes – state:	

xNo

## 5 Course implementation

		Answer
a.	Activities related with the start of the	Choosing staff who will be in charge of the course
	course:	Choosing volunteer teacher and make contracts with them
		Prepare materials and schedule
		Booking, at least, one study visit
b.	Activities regularly done during the	Brainstormings
	course:	Attend senior needs
		Workshops
с.	Activities related with the end of the	Evaluation seniors results
	course:	Evaluation of teachers performance
		Evaluation of classrooms conditions
		Evaluation of content struture
d.	How is seniors' progress checked?	They have to do presentations that will be commented by teachers
e.	Are seniors engaged in the course implementation? How?	No
f.	Are the youth engaged in the course implementation? How?	No
g.	What are the risks of social exclusion during course implementation?	Less knowledge of reading and writting
h.	How SMART technologies are used in the course?	Seniors who have personal computer can use it on the classroom for researches.

### 6 Course evaluation

		Answer	
a.	How will the course be evaluated?	$\Box$ Questionnaire for seniors.	
		$\Box$ Questionnaire for lecturers.	
		xOther - state: Principal evaluate teachers performance and content structure of the course	

b.	How will the questionnaire be processed,	Not applicable
	how will it influence further progress of	
	the course?	

### Instruction how to use developed structure for describing courses

Use this form and describe at least one existing course (outside ISEV project) and at least one ISEV course.

### Take into consideration that ISEV course:

- will take one semester,
- will have presence (i.e. direct education in the classroom) and eLearning (in the platform <a href="http://isev.osu.cz">http://isev.osu.cz</a> ) part,
- seniors will use SMART technologies in the course,
- seniors will actively participate in at least one phase from the methodology (e.g. preparation of the course, acquisition, implementation such as lecturer's assistants or direct lectures, etc.),
- will also be staffed by students/youth. For example, they will participate in intergeneration dialogue or they will assist the lecturer, etc.

Idea is how ISEV Methodology influences our course strategy in terms of 4 project pillars, which are:

- Seniors' social inclusion
- Using SMART technology
- Intergeneration dialogue
- Seniors' active approach