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ACTIVE SENIORS' EDUCATION
WITHOUT BARRIERS



Erasmus+

FINAL ACTIVITY REPORT
INTERNATIONAL TRAINING FOR MUSICIANS
OF THE ERASMUS+ KA2 PROJECT
“ACTIVE SENIOR'S EDUCATION WITHOUT
BARRIERS”
12-18 SEPTEMBER 2021



FERREIRA DO ZÊZERE
PORTUGAL



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Introduction

Intercultural Learning is a process of learning through the understanding of our own and other cultures as they mutually influence one another. It promotes understanding, respect, equality of opportunity, justice and peace among citizens of the world, whilst enhancing the socio-cultural, personal and professional skills and competences in people. Intercultural Learning builds the foundations of ERASMUS + programs which in our case focus on cultural exchange. The overriding aim of the Erasmus+ Key Action 2 project “Active Senior’s Education Without Barriers” is therefore to boost the skills and competences of senior’s and their ability to participate actively in choirs – by enhancing the trainers’ grasp of each country musical repertoire and some traditional string instruments (cavaquinho and ukulele), enabling trainers to test and sharpen its own skills and competences and support the development of seniors competences. In keeping with the main aim, a key activity of the project was the 7-day International Training for Trainers which took place in Ferreira do Zêzere, Portugal, from 12 – 18 September 2021. The TtT brought together 6 participants from 3 countries in Europe. Through the intercultural learning sessions led by the Portuguese participants and peer-to-peer feedback and exchange, participants had the opportunity to try, test and improve their skills and competences as trainers and experts in Music and gain new ideas, methods and theoretical inputs for their future music trainings, in particular choir expertise, using the Portuguese instrument cavaquinho and the internationally



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widespread instrument named ukulele. We hope that the inspiration and motivation gained through the training will lead to more prepared and professional trainers of music choirs and to greater long-term impacts on the seniors-who participate in the project and in each country choirs, participants of Erasmus+ and other possible target groups. This Final Activity Report provides a detailed description of all methods and sessions led by the participants, including theoretical inputs that link the aims of the sessions and discussions among participant's realities. We would like to extend a heartfelt thanks to all participants for an unforgettable mutual learning experience.

Vera Ribeiro AMBESP



Aims and Objectives of the Project

The project aims to strengthen non-formal learning and intercultural music learning to seniors.

Aims of the project include:

- Creation of a Methodology on how to work with seniors' chorus. This Methodology is based on international Exchange of experience.
- Creation of eLearning courses with the topic of Culture heritage focused on music in particular partners' countries. Three eLearning courses have been created in total (one from CR, SR, Portugal). All courses will be in Czech and Portuguese. Courses will be piloted. ELearning courses will feature materials created during intellectual output and there will be space for international exchange of opinions and experience
- Creation of a Songbook: Scores of separate songs (for seniors' choruses) for international exchange of songs and collaborative learning. Materials will be added concerning the context, traditions and specifics of each song.
- Short training of choirmaster / trainers - train Czech and Slovak experts in playing cavaquinho and ukulele.
- Blended Mobility - Seniors from three countries will learn songs on a national level at first and then on an international level. The goal is to explain national traditions in the field of music firstly, through chorus singing to seniors from each partner's country, and then to add the possibility of integrating cavaquinho/ukulele into their popular songs.
- Final presentation – each group of seniors and musicians will sing and play a song from the partner's countries.



Objectives of the Training Activity

Objectives of the Training for music experts include

- ⇒ The main goal of the training activity is to train Czech and Slovak experts in playing cavaquinho/ukulele. One of the goal is also to explain why these instruments are considered inclusive instruments and why it is recommended to Czech and Slovak experts, and also how they can integrate cavaquinho/ukulele into the lessons for seniors
- ⇒ Sharpening trainer skills and competences in playing traditional songs with these musical instruments (cavaquinho/ukulele), learning through peer-to peer feedback and exchange.
- ⇒ Developing draft training programs for seniors to be held at Seniors Universities in partner's countries, plan subsequent phases (local trainings, impact of the new instruments in different cultural music backgrounds) and dissemination of activities and outcomes at national and international levels.



Programme Overview

Date	Description of the activities
11.09.2021	Arrival of participants
12.09.2021	
10.00h	Phase I - Starting Point -Welcome and introductions by Vera Ribeiro - Presentation of AMBESP and of Ferreira do Zézere - Introduction to Portuguese team, team of experts & participants (partners experts) - Getting to know each other
12.30 – 13.00	Lunch break
15.00 – 17.00	-Presentation of the Programme - Aims & objectives of project & training - Practical Info
20.00	Dinner



Date	Description of the activities
13.09.2021	
9.30h	Theoretical & Methodological Background & Approach This part of the training was led by the experts/trainers
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Working on the Portuguese songs of the Songbook
12.30 – 14.00	Lunch break
14.00 – 16.00	Training cavaquinho/ukelele



16.00 – 16.15	Coffee / tea break
16.15 – 17.30	Training cavaquinho/ukelele
20.00	Dinner – Intercultural Night

Date	Description of the activities
14.09.2021	
9.30h	Working on the Slovak songs of the Songbook
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Working on the Slovak songs of the Songbook
12.30 – 14.00	Lunch break
14.00 – 16.00	Training cavaquinho/ukelele
16.00 – 16.15	Coffee / tea break
16.15 – 17.30	Training cavaquinho/ukelele
20.00	Dinner



Date	Description of the activities
15.09.2021	
9.30h	Working on the Czech songs of the Songbook
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Working on the Czech songs of the Songbook
12.30 – 14.00	Lunch break



14.00 – 16.00	Cultural afternoon <ul style="list-style-type: none">- Visit to the library of the Coimbra University- Assisting to Cultural Music event – Fado de Coimbra
20.00	Dinner – Intercultural Night





Date	Description of the activities
16.09.2021	
10.00h	Working on Vocal/Instrumental and conducting skills
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Training cavaquinho/ukelele
12.30 – 14.00	Lunch break
14.00 – 16.00	Instrumental practice with Portuguese Choir.
16.00 – 16.15	Coffee / tea break
16.15 – 17.30	Working on the methodology
20.00	Dinner



Date	Description of the activities
17.09.2021	
10.00h	Finalizing the methodology
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Training cavaquinho/ukelele
12.30 – 14.00	Lunch break
14.00 – 16.00	Working on the final presentation



16.00 – 16.15	Coffee / tea break
16.15 – 17.30	Training cavaquinho/ukulele Working on the Index and structure of Songbook
20.00	Dinner – Intercultural Night



Date	Description of the activities
18.09.2021	
10.00h	Future Planning
11.00 – 11.15	Coffee / tea break
11.15 -12.30	Training Evaluation
12.30 – 14.00	Lunch break
14.00 – 16.00	Free Afternoon
20.00	Farewell Dinner



Manual for choirmasters

To see the Manual for Choirmasters, have to go to <https://isev.osu.cz/course>

Songbook

Regarding to Songbook, the experts has decided what where the issues and the structure of it. The songbook will be uploaded on the platform <https://isev.osu.cz>, in the end of the project.

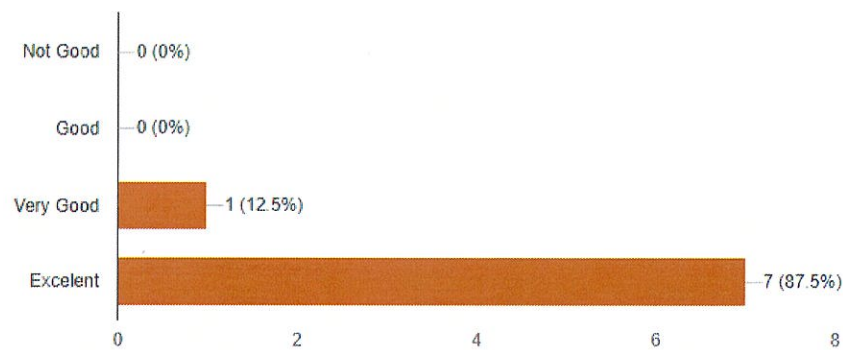


Final Evaluation

8 participants filled in the final evaluation questionnaire providing final feedback about the training in Portugal. The data has been collected and presented in the final report "Training of Music Experts in Portugal".

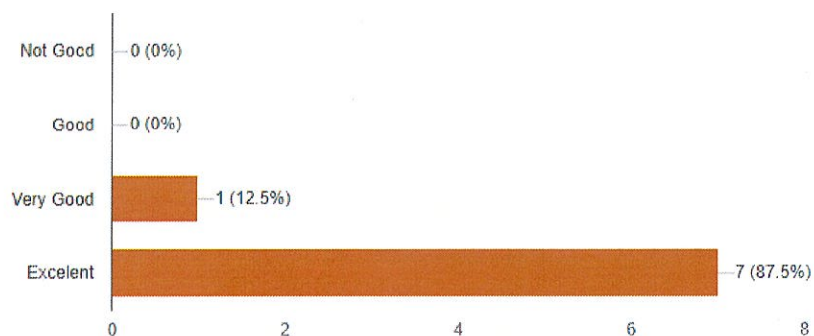
Realistic Planning of Time

8 responses



A suitable choice of activities, Ice breaking exercises, didactic sessions, workshops, social meetings, free time.

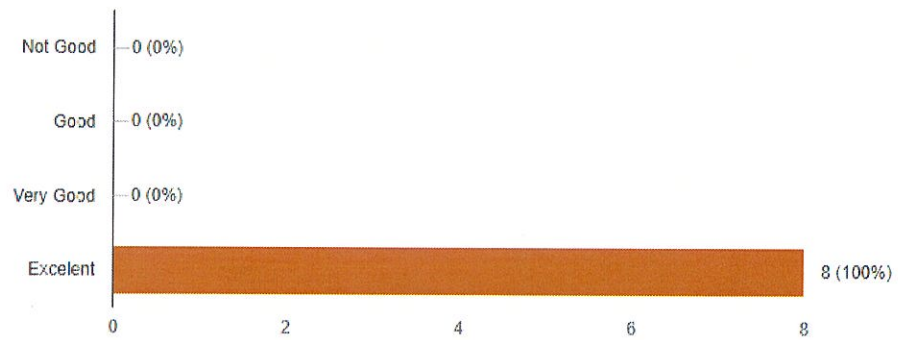
8 responses





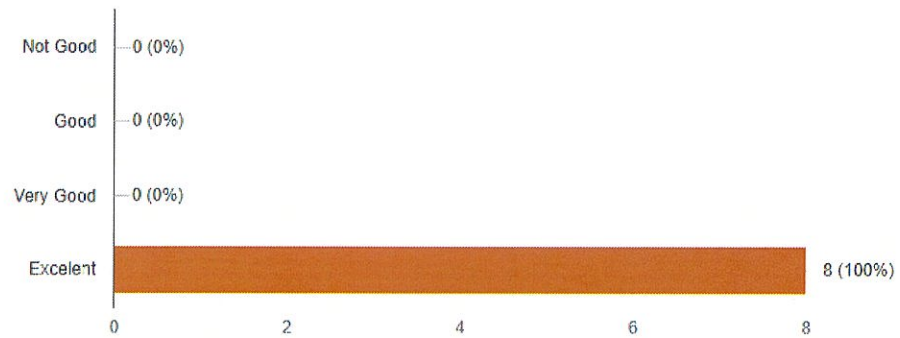
Involvement in the project by all partners

8 responses



Workplace's suitability

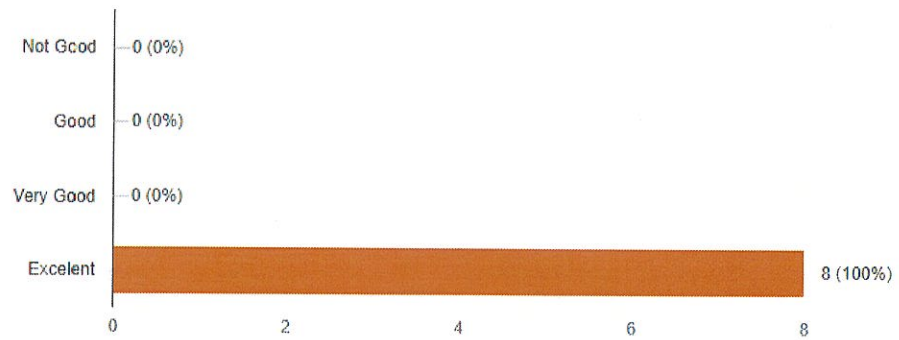
8 responses





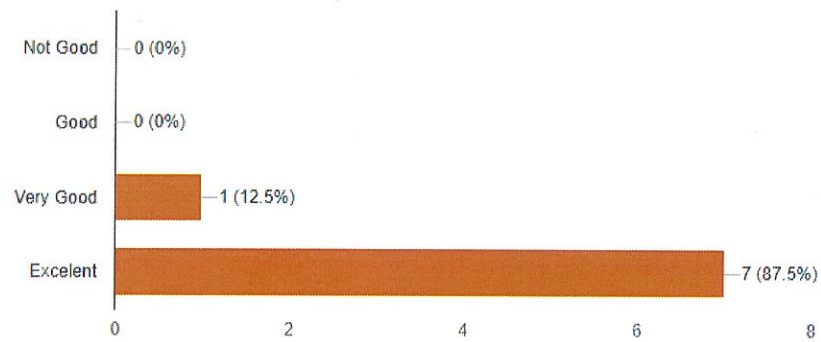
Concern for the practical details and food

8 responses



Accommodation's quality

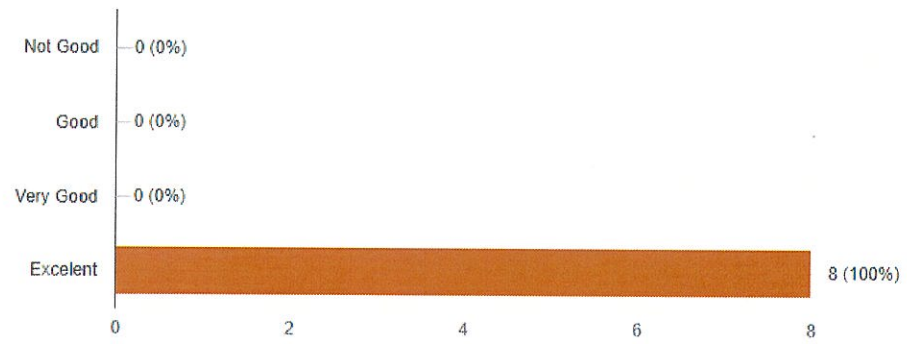
8 responses





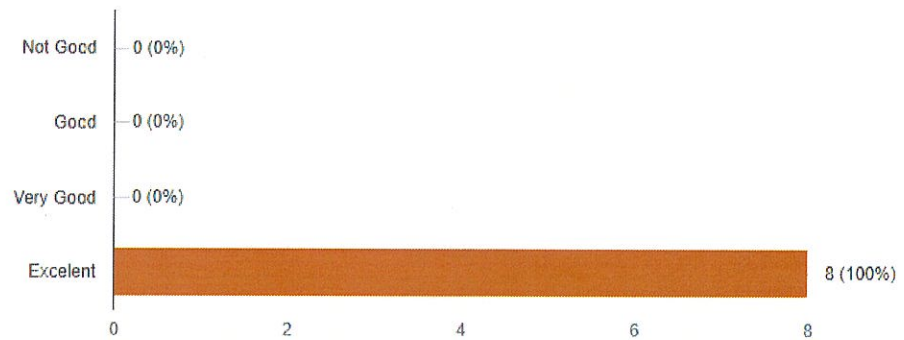
Clear distribution of tasks

8 responses



Goals reached

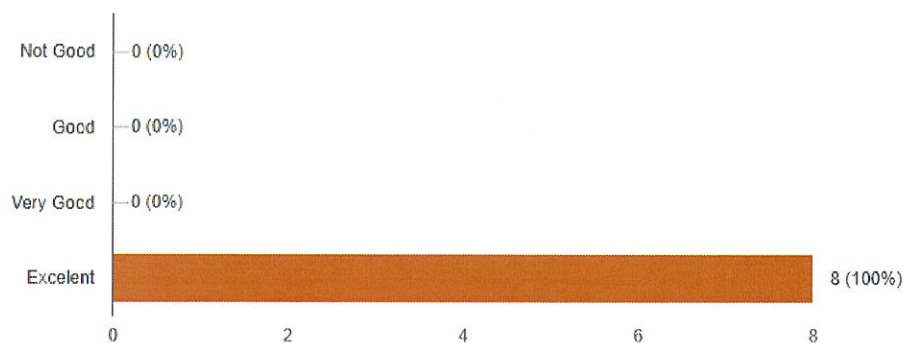
8 responses





Overall Impression

8 responses



What were the strengths and weaknesses of the training? Please Justify (some of the answers are listed below)

- The strength of the training resides in the capacity of all partners **to** work together, during a Week. The weakness is some difficulty in communication and to understand all the steps of the work plan.
- The strength was the different backgrounds of teachers, and the weakness maybe the fact that we need to train with more people.
- Strengths: Playing cavaquinho and ukelele, and the fado concert ; Weaknesses: weather
- Strengths: Friendship, workshops, trips, food accommodations.
- Strengths: Portuguese support, cavaquinho and ukelele lessons and hospitality.

- Strengths: Good atmosphere, working hard, achieving the goals of the training, cakes during coffee breaks and ukelele classes ; Weaknesses: Start too early in the morning
- This training was perfect for the opportunity of everybody to meet face to face. This facilitated communication, and it allowed for the partners to strengthen their professional and personal tips. The project goals became much more clear, as well as the means to achieve them. Cultural interchange was also a big part of this training. Our partners gained a big understanding of the Portuguese reality, like language as well as folk and music traditions
- Strong: The Different experiences experimented during this training, like culture, music and choir approaches.

Please give your opinion of what could have been different?

2 responses

The Portuguese songs where a bit difficult

To visit more places in Portugal.

Please give some suggestions

0 responses

No responses yet for this question.

The final evaluation shows that the participants found the training, management and outcomes a very good or excellent experience.



Conclusion

In the final of these training activities we are now able to answer the main question of the objectives of the training. How can we integrate cavaquinho and ukulele in the training sessions of choirs with seniors?

First, because it is easy to carry and easy to learn it provides an excellent starting point for anyone with no prior background on instrument playing. It is also an instrument that can easily adapt to the rhythms and specifics of traditional songs. Finally, because it is an instrument designed to accompany and support the melodic lines, in this way the seniors who can't sing may still play and feel included in the group.

The training used the following methods:

- Collective interactions.
- Discussion groups.
- Practical exercises, individually and collectively
- Recording videos

The group of participants practiced cavaquinho and ukulele, learned how to play and how to sing each other's songs, and had the opportunity to record the work done during the week.

We can see it in the link below.



Regarding the intercultural subject the participants had the chance to see a kind of Fado that is only sung and played in the city of Coimbra, that's why is called Fado de Coimbra. It is a genre of Fado originating in the city of Coimbra, Portugal. While adopted by students at the University of Coimbra, and sometimes known as Student Fado (Fado de Estudante), it is usually considered the typical music of Coimbra itself. Developed from the Iberian lyric style of *trovadorismo* popular during the Middle Ages, the genre shares roots with Occitan troubadors. Performed with the traditional Guitarra de Coimbra (a kind of Portuguese guitar originating in Coimbra), a modified version of Lisbon's Fado guitar allegedly created by Artur Paredes, it is usually accompanied by classic acoustic guitar and male voices.



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Attachments:

1. The schedule of the training course.
2. List of the names of trainees.
3. Evaluation forms
4. Mandatory Deadlines

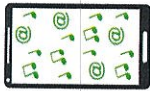


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1. The schedule of the training course



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Active Seniors Educations without Barriers
2020-1-CZ01-KA204-078151

TRAINING PROGRAM OF MUSIC EXPERTS – PORTUGAL 12.09.2021 TO 18.09.2021

The training has a duration of 7 days. It combines individual and group sessions - there are mostly group preparation sessions in the morning, 2 visits in the afternoon and informal activities in the evening. The times are indicated in Central European Time. The training program will be organized by the experts and is part of the IO2 and IO3.

	11.09.2021	12.09.2021	13.09.2021	14.09.2021	15.09.2021	16.09.2021	17.09.2021	18.09.2021	19.09.2021
Morning 9.30h 13.00h	Arrival	Pre-task: Getting to know	Working on the Portuguese songs of the SonkBook	Working on the Slovakian songs of the SonkBook	Working on the Czech songs of the SonkBook	Working on vocal and conducting skills	Finalizing the Methodology	Future planning, Evaluation	
Afternoon 14.00h 17.30h		Group Agreement, Training program, technicalities short intro + task for tomorrow	Training cavaquinho / ukulele	Training cavaquinho / ukulele	Assisting to a Cultural Music event in Coimbra	Instrumental practice with Portuguese Choir. Working on the Methodology	Working on the final presentation	Free afternoon	Departure
Evening 19.30h		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Farewell dinner	



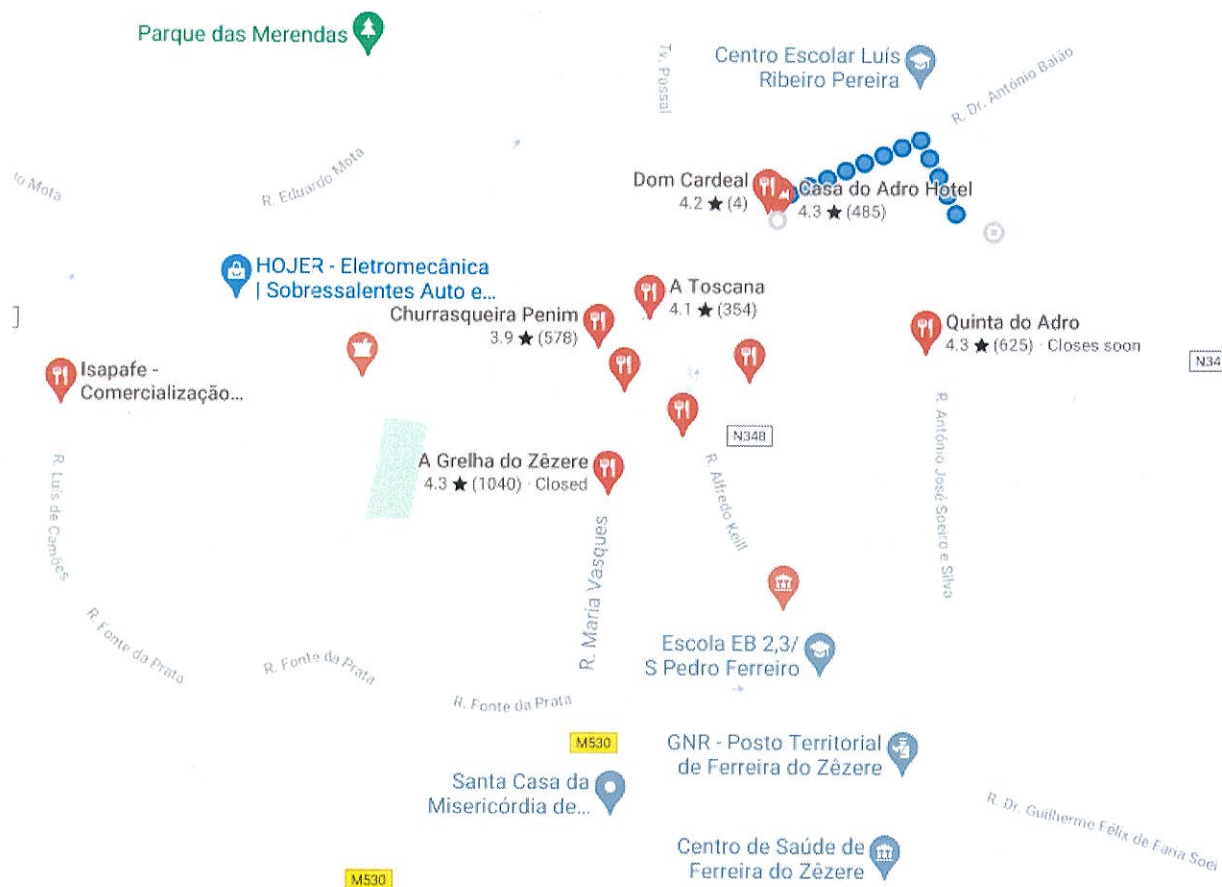
Associação
de Pias



Training Activity in Portugal from 11-09-2021 to 19-09-2021

Useful information

From Hotel to the venue Place – 4 minutes walking – 350m



Useful numbers

Emergency - 112

Police office: 24h/24h - 00351249360100

Health Center: 9.00h to 20.00h - 00351249360090

Pharmacy: 9.00h to 19.00h - 00351249 361 251

The opening time of groceries: 9.00h – 19.00h



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2. List of the names of trainees



Attendance list

Agreement number: 2020-1-CZ01-KA204-078151

Project: Active Seniors Education without Barriers

Activity: Training of experts - musicians (Short-term joint staff training events)

Place: Ferreira de Zézere, Portugal

Date: 2021, September 12 - 18

Participant name	Participant email	Sending organization	Country of the sending organization	Start date of the activity	End date of the activity	Signature
1 Eva Polášková	polaskova.eva@zusmarhory.cz	Ostravská univerzita	CZ	2021, September 12	2021, September 18	
2 Jan Mlčoch	jan.mlcoch@osu.cz	Ostravská univerzita	CZ	2021, September 12	2021, September 18	
3 Janka Bednářiková	janka.bednarikova@ku.sk	Katolícka univerzita	SK	2021, September 12	2021, September 18	
4 Zuzana Zahradníková	zuzana.zahradnikova@ku.sk	Katolícka univerzita	SK	2021, September 12	2021, September 18	
5 Márcio Rafael Gomes Cabral	mcabral86@gmail.com	RUTIS	PT	2021, September 12	2021, September 18	
6 José Eduardo de Figueiredo Lima Rebola	jrebola@gmail.com	RUTIS	PT	2021, September 12	2021, September 18	
7						
8						
9						
10						

.....
Vera Ribeiro, AMBESP



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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that José Eduardo de Figueiredo Lima Rebola– participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Associação Rede de Universidades da Terceira Idade, address: Portugal, 2080-0699 Almeirim, Rua Conde da Taipa, n.º 40 - 42, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021





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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that Márcio Rafael Gomes Cabral – participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Associação Rede de Universidades da Terceira Idade, address: Portugal, 2080-0699 Almeirim, Rua Conde da Taipa, n.º 40 - 42, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021





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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that Jan Mičoch – participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Ostravská univerzita, address: Czech Republic, 701 03 Ostrava, Dvořákova 7, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021





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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that Eva Polášková – participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Ostravská univerzita, address: Czech Republic, 701 03 Ostrava, Dvořákova 7, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021





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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that Janka Bednáriková – participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Katolícka univerzita, address: Slovakia , 03401 Ružomberok, Hrabovská cesta 1A, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021





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Confirmation of participation in training activity

Project: Active Seniors Education without Barriers - ASEB

Agreement number: 2020-1-CZ01-KA204-078151

Receiving organization: Associação de Melhoramentos e Bem Estar Social de Pias

Meeting place: Ferreira do Zêzere, Portugal

We confirm, that Zuzana Zahradníková – participant of the short-term joint staff training event TRAINING OF EXPERTS - MUSICIANS from Katolícka univerzita, address: Slovakia , 03401 Ružomberok, Hrabovská cesta 1A, participated at training activity in Ferreira do Zêzere from 12 to 18 September 2021.

Ferreira do Zêzere, September 18, 2021



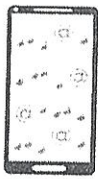


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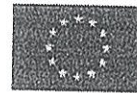
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3. Evaluation Forms



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12/09/2021 - 18/09/2021

Place: Ferreira do Zêzere

Meeting's name: CL training

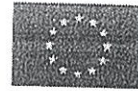
Each participant taking part in the "ASEB" project should fill the evaluation questionnaire. You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				X
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				X
3	Involvement in the project by all the partners.				X
4	Workplace's suitability				X
5	Concern for the practical details and food.				X
6	Accommodation's quality.				X
7	Clear distribution of tasks.				X
8	Goals reached.				X
9	Overall impression.				X



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12-18

Place: FERRERIA do Zêzere

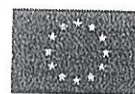
Meeting's name: e1 Training

Each participant taking part in the "ASEB" project should fill the evaluation questionnaire.
You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				✓
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				✓
3	Involvement in the project by all the partners.				✓
4	Workplace's suitability				✓
5	Concern for the practical details and food.				✓
6	Accommodation's quality.				✓
7	Clear distribution of tasks.				✓
8	Goals reached.				✓
9	Overall impression.				✓



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12. - 18. 9. 2021

Place: FERREIRA DO ZEZERA

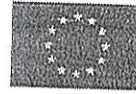
Meeting's name: (Zuzana ZAHRAJNÍKOVÁ), CITRAINING

Each participant taking part in the "ASEB" project should fill the evaluation questionnaire.
You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				✓
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				✓
3	Involvement in the project by all the partners.				✓
4	Workplace's suitability				✓
5	Concern for the practical details and food.				✓
6	Accommodation's quality.				✓
7	Clear distribution of tasks.				✓
8	Goals reached.				✓
9	Overall impression.				✓



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12-18 / 09 / 2021

Place: FERREIRA DO ZEBERE

Meeting's name: C1 TRAINING

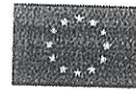
Each participant taking part in the "ASEB" project should fill the evaluation questionnaire.
You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				X
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				X
3	Involvement in the project by all the partners.				X
4	Workplace's suitability				X
5	Concern for the practical details and food.				X
6	Accommodation's quality.				X
7	Clear distribution of tasks.				X
8	Goals reached.				X
9	Overall impression.				X



ASEB

ACTIVE SENIORS' EDUCATION
WITHOUT BARRIERS



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12.09. - 18.09.2021

Place: Ferreira do Zêzere

Meeting's name: C1 Training

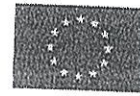
Each participant taking part in the "ASEB" project should fill the evaluation questionnaire. You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				X
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				X
3	Involvement in the project by all the partners.				X
4	Workplace's suitability				X
5	Concern for the practical details and food.				X
6	Accommodation's quality.				X
7	Clear distribution of tasks.				X
8	Goals reached.				X
9	Overall impression.				X



ASEB

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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12 - 18 / 09 / 2021

Place: Ferreira do Zêzere

Meeting's name: C1 Training

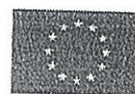
Each participant taking part in the "ASEB" project should fill the evaluation questionnaire.
You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.			✓	
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.			✓	
3	Involvement in the project by all the partners.				✓
4	Workplace's suitability				✓
5	Concern for the practical details and food.				✓
6	Accommodation's quality.			✓	
7	Clear distribution of tasks.				✓
8	Goals reached.				✓
9	Overall impression.				✓



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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 12/09/21 - 18/09/21

Place: Ferreira do Zêzere

Meeting's name: C1 Training

Each participant taking part in the "ASEB" project should fill the evaluation questionnaire.
You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				X
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				X
3	Involvement in the project by all the partners.				X
4	Workplace's suitability				X
5	Concern for the practical details and food.				X
6	Accommodation's quality.				X
7	Clear distribution of tasks.				X
8	Goals reached.				X
9	Overall impression.				X



ASEB
ACTIVE SENIORS' EDUCATION
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EVALUATION FORM – PARTICIPANTS' OPINION ABOUT TRAINING

Date: 18-09-2021

Place: Fecenic do zezere

Meeting's name: CA Training

Each participant taking part in the "ASEB" project should fill the evaluation questionnaire. You should put your evaluation within the range from 1 to 4, where 4 is the highest mark and 1 is the lowest.

Nr.	SUBJECT	1	2	3	4
1	Realistic planning of time.				X
2	A suitable choice of activities, ie. Ice breaking exercises, didactic sessions, workshops, social meetings, free time.				X
3	Involvement in the project by all the partners.				X
4	Workplace's suitability				X
5	Concern for the practical details and food.				X
6	Accommodation's quality.				X
7	Clear distribution of tasks.				X
8	Goals reached.				X
9	Overall impression.				X



4. Mandatory Deadlines

September 2021 - Start Pilot 1

19.9.2021 - Final version of the Methodology uploaded on the platform [Kurz: Seniors' chorus \(osu.cz\)](#)

30.9.2021 - List of seniors in choruses (name, surname, e-mail) send to Zdenka

15.10.2021 - OU will send accounts to seniors (from choruses) to the course Seniors' chorus on the platform ([Kurz: Seniors' chorus \(osu.cz\)](#))

30.10.2021 - Final version of Song book uploaded into platform – course Seniors' chorus [Kurz: Seniors' chorus \(osu.cz\)](#)

30.11.2021 - All eCourses in all languages in the platform

30.11.2021 - List of seniors for pilot2 (name, surname, e-mail) send to Zdenka

30.12.2021 - OU will send accounts to seniors – pilot 2 to the eCourses Cultural heritage on the platform

30.12.2021 - Rules for successful finishing eCourses

1.1.2022 - Start of Pilot 2