



**ASEB**

ACTIVE SENIORS' EDUCATION  
WITHOUT BARRIERS



Erasmus+

Active Seniors Educations without Barriers

2020-1-CZ01-KA204-078151

# CRITICAL REFLEXION



Associação  
de Pias





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STRENGTHS	WEAKNESSES
<ul style="list-style-type: none"> <li>• Small Portuguese team, but committed to producing results;</li> <li>• Active relationships with several Portuguese senior universities</li> <li>• Involvement in multiple Erasmus+ projects</li> <li>• Close and collaborative relationships with students and teachers;</li> <li>• Existence of an active group of students;</li> <li>• Existence of a considerable number of professors with strong international involvement</li> <li>• AMBESP's presence in the SENIOR UNIVERSITIES NETWORK</li> </ul>	<ul style="list-style-type: none"> <li>• Small team in relation to the needs and challenges</li> <li>• Lack of digital tools for managing internationalization processes in general</li> <li>• Lack of budget for investment in the promotion of internationalization</li> <li>• Lack of a favorable international culture, transversal to the University</li> <li>• Scarce offer of training in foreign languages (English)</li> <li>• Weak domain of the digital components</li> <li>• Insufficient follow-up of contacts obtained through digital marketing platforms, project announcements.</li> </ul>





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GAPS	IMPROVEMENTS
<ul style="list-style-type: none"><li>Lack of time because we are a small team</li></ul>	<ul style="list-style-type: none"><li>Reinforce the human resources of Portuguese team, with at least two more elements</li><li>To allocate an element to the management and promotion of cooperation partnerships and to keep an updated file of partners</li><li>To place updated information about the projects in the international part of the AMBESP and RUTIS website</li><li>Allocate an element to follow-up the project through the ISEV/ASEB platform</li><li>Define clear and simplified procedures for the faster conclusion of bilateral academic cooperation agreements</li><li>Develop a web-based computer application that allows the management of internationalization processes</li></ul>





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GAPS	IMPROVEMENTS
<ul style="list-style-type: none"><li>Lack of time ( small team)</li></ul>	<ul style="list-style-type: none"><li>Allocate annually a budget for investment in initiatives to promote internationalization</li><li>Define and implement clear procedures in the relationship with other departments and services in each institution</li><li>Maintain and boost the Internationalization department, as a consultive and support structure, adding the presence of representatives of students and other Services</li><li>To hold an Annual Forum of Reflection on Internationalization, as a space for sharing knowledge and experiences and to stimulate the involvement of the Senior University</li><li>To increase the involvement in the international networks Erasmus +, ensuring the participation in their events and the dissemination of their initiatives</li><li>To improve the AMBESP website regarding internationalization and to renew/update the printed and digital communication instruments</li><li>To organize the Universities of third age International Week, with various events that enhance the progress and give visibility to projects and initiatives</li></ul>





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## SUSTAINABILITY OF THE PROJECT

### QUALITY EDUCATION IS ONE OF THE MAIN WAYS TO ACHIEVE SOCIAL SUSTAINABILITY

- Implementation of free educational and social projects, especially for elderly people with low incomes;
- Implementation of programs aimed at social inclusion, especially for elderly people with some disabilities;
- Generating opportunities for free courses in foreign languages, ICT, etc;
- Expansion of Internet access for low-income elderly people;
- Participation of the elderly in offering subjects that interest them and make them happy;
- Expanding the means of democratic participation in the definition of actions that aim to improve people's quality of life.

