ASEB
ACTIVE SENIORS' EDUCATION
WITHOUT BARRIERS

Active Seniors Educations withouth Barriesrs
2020-1-CZ01-KA204-078151

Erasmus+

Main project activities

4 Intellectual outputs:

Methodology of seniors' choruses.

eLearning course of Cultural Heritage with concentration on music.

Songbook of national songs with lyrics.

eLearning course as on-line pilot for blended mobility.

2 Learning, Teaching, Training Activities:

Blended mobility in the Czech Republic

Training course for choirmaster, musicians resp. in Portugal

1 Multiplier Event

International seniors' choruses concert

Intellectual output 1: Methodology of Seniors' Choruses

Procedure:

- Creation of team of experts in all partners' countries.

- Description of national methodology (how choruses work in individual institutions). For this description structure has to be developed to be able to compare approaches.

- Comparison of approaches with the focus on national particularity.

- Design of common methodology, it means attempt to integrate some reasonable approaches (particularity) from abroad.

- Pilot of common methodology. For pilot we will use Songbook of national songs with lyrics (IO3). During the pilot videos or audios will be made. **Min. 20 seniors** from each country will be involved in active piloting (singing in chorus).

- Final version of Methodology.

Leading organization: Katolicka univerzita v Ružomberoku.

Evaluation: RUTIS

Time table: 1.11.2020 – 30.4.2022

Intellectual output 2: eLearning Course of Cultural Heritage with Concentration on Music.

Procedure:

- Creation of experts' teams in all partners' countries.

- Each country will create one course about the topic in Czech/Slovak and Portuguese (2 languages).

- Design of courses structure and content (important and interesting moments and results).

- Implementation in Moodle, materials in different formats (texts, pictures, video, audio, etc).

- Activities for seniors (quizzes, questionnaires, chats, forums, etc.).

- Pilot of these courses. For example in Portugal you will pilot two courses about Czech cultural heritage and Slovak cultural heritage. Both courses will be in Portuguese. For pilot **min. 50 seniors** in each country.

- Evaluation of the pilot.

Leading organization: University of Ostrava.

Evaluation: RUTIS

Time table: 1.2.2021 – 28.2.2022

Intellectual output 3: Songbook of national songs with lyrics.

Procedure:

- Each country will select songs for the songbook. 10 – 15 songs from each country or how many????

- Each song will be prepared for songbook (notes and lyrics in Czech/Slovak resp. and Portuguese). Ev. some interesting information connecting with the song (legend, history, etc.)

- Typesetting and printing 100 pieces of songbook. IO3 will be used during IO1 – piloting of methodology, C2 – blended mobility and E1 – concert.

- eVersion of songbook will be part of eCourse (IO4).

Leading organisation: University AMBESP.

Time table: 1.4.2021 – 31.10.2021

Intellectual output 4: eLearning course as on-line pilot for blended mobility.

Procedure:

➠ Design of the course structure.

➠ Completion of all materials for the course (songbook, methodology, videos and audios of the songs, needed texts and comments, etc.).

➠ Translations of materials (Czech / Slovak resp. and Portuguese).

➠ Course implementation in Moodle (materials, activities, discussion board, users, etc.).

➠ Course will be created in two languages (Czech/Slovak resp. And Portuguese).

➠ Piloting of the course, **min. 50 seniors** in each country.

➠ Evaluation of the course.

Leading organization: University of Ostrava.

Evaluation: RUTIS

Time table: 1.5.2022 – 31.7.2023

Training activity C1: Training of musicians in Portugal

Short – term joint staff training event.

AMBESP prepare structure and content of the training activity.

All partners will comment them.

AMBESP will finalize content.

Topics that are needed to consult during C1: Methodology, songbooks, blended mobility, multiplier event. - concert.

Project counts with training in playing „ukulele" or Portuguese equivalent (cavaquinho).

There will be made videos from training in Portugal.

Leading organization: AMBESP

Time table: March 2021

Training activity C2: Blended mobility in the Czech Republic

- Collaborative learning in the Czech Republic.

- Training according the common Methodology and Songbook.

- **10 seniors** and **min. one expert** from each country.

- As a result from this activity there will be : multiplier event. – concert and video from individual lessons and concert as well.

- Part of blended mobility will be excursion to the places mentioned in Cultural heritage course (Czech Republic).

Leading organization: University of Ostrava

Time table: September 2022

Multiplier event: Concert

- Repertoire will be created during blended mobility

- Concert will take place directly after blended mobility in the same place

- Dramaturgy will be created during blended mobility

- Chorus: 30 seniors (10 Portugal, 10 Slovak Republic, 10 Czech Republic)

- Audience: min. 70 people: from Czech Republic 60, 10 from abroad. Singers are not included in this number.

Leading organization: University of Ostrava

Time table: September 2022